

Contact us for more information about any of our programmes or courses. We are always willing to talk about your specific needs and see how we can help. If there is something you want that we do not currently offer, contact us and we will try to provide it.

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**Registration Programmes for
OVERSEAS MIDWIVES**

- **Short course for midwives:** midwifery practice workshop. This one-day workshop provides an opportunity for midwives to explore their practice and update their clinical skills.
- And many more. Contact us for more information.
- **Postgraduate Certificate in Midwifery Practice** (two papers)
- **Postgraduate Diploma in Midwifery** (four papers)
- **Master of Midwifery** (eight papers)
 - These postgraduate programmes are flexible, practice-focused and relevant. We will design a programme to meet your individual needs and our *on-line learning and seminar options* mean that you can choose a delivery mode to suit your circumstances.
 - You can start slowly in the Postgraduate Certificate and increase your qualifications as you go. Each programme contributes to the next so that two papers in the Certificate mean you only need two more for a Diploma. You do not need a previous degree to enter these programmes and current students have identified the support from lecturers and opportunities for networking while gaining new knowledge and skills as some of the benefits of these programmes.
 - Each postgraduate paper will give you your entire 40 points of elective continuing education in the Midwifery Council's Recertification Programme.



Otago Polytechnic School of Midwifery is internationally acclaimed and offers excellent midwifery education at undergraduate and postgraduate levels. Enjoy being part of a small and vibrant department where you will receive supportive and high quality education, delivered flexibly to suit your personal circumstances and with passion and commitment for midwifery.

Registration Programmes for Overseas Midwives

We offer two courses for overseas midwives that will enable you to meet the requirements of the Midwifery Council of New Zealand. Both are approved by the Midwifery Council for this purpose.

M101.1

New Zealand Midwifery for Registered Midwives

This half paper is part of the Bachelor of Midwifery (Option for Registered Midwives) programme. It has been specifically designed to meet the needs of midwives coming to New Zealand from overseas. It provides an opportunity for these midwives to explore the context of midwifery practice in New Zealand, and in particular, to examine essential concepts in New Zealand midwifery's professional framework for practice.

Content includes:

- New Zealand society and culture
- New Zealand health system
- New Zealand maternity service
- Legislation
- Funding
- Professional frameworks for practice
- Role and scope of practice of the New Zealand midwife
- Midwifery partnership and cultural safety

This paper is delivered online, so if you have a computer you can study from home. Individual students will enrol for periods of twelve weeks each and will work their way through five modules in this time. Some midwives may be able to complete the work in a shorter timeframe but the maximum period of enrolment will be 12 weeks for each student from the date of enrolment.

This paper is available from now and midwives can enrol at any time.

M206.2

Pharmacology and Prescribing for Registered Midwives

This paper is also part of the Bachelor of Midwifery (Option for Registered Midwives) programme. It has been specifically designed to meet the needs of midwives coming to New Zealand from overseas but is also popular with New Zealand midwives wanting to update their knowledge in the area of prescribing.

Content includes:

- Legislative requirements
- Midwifery Scope of Practice
- Update on physiology in relation to drug metabolism during pregnancy labour, birth and the postnatal period
- Pharmacokinetics and pharmacodynamics
- Microbiology
- Prescribing intravenous fluids
- Accessing information and resources
- Prescribing safely
- Storage and disposal of drugs

This paper is delivered by distance through a series of five worksheets with associated readings. You can progress through the worksheets at your own pace up to a year but most midwives complete the course in less than six months of part-time study.

This paper is available from now and midwives can enrol at any time.

In 2006 this course will also be available in an online format.



Once I finish what can I do?

Otago Polytechnic School of Midwifery offers a wide variety of short courses, papers and programmes to meet the needs of registered midwives. These are delivered flexibly by distance in on-line or worksheet format or you can attend seminars run by our school in Dunedin and at other venues in New Zealand.

Some available options include:

- **Bachelor of Midwifery Programme for Registered Midwives** (5 compulsory papers and 24 credits from elective options). Once you complete the papers above you will already have these credits.
- **Nutrition for Pregnancy and Childbirth** (on-line). This course will help you to increase your knowledge of nutrition in relation to your midwifery practice. All you need is a computer and you can study from home. (Successful completion gives you a half paper in the Bachelor of Midwifery degree).
- Short courses such as:
 - **Preparing a Professional Practice Portfolio.** This one-day course will help you to prepare for the requirements of the Midwifery Council's Recertification Programme (5 points).
 - **Technical Skills Workshop.** This two-day course meets the Midwifery Council's compulsory education requirement for technical skills.
 - **Clinical Update: Online Professional Development.** These on-line packages enable you to examine a clinically-focused research article and explore its application to practice (1 point each).